

# Safeguarding:

What to do if you are worried about the safety of a child:

Contact the school office on 01788 890494 and ask to speak with one of our designated Safeguarding leads:

Mrs Willis <a href="head@braunston.pdet.org.uk">head@braunston.pdet.org.uk</a>
Mrs Sawyer <a href="mailto:n.sawyer@braunston.pdet.org.uk">n.sawyer@braunston.pdet.org.uk</a>
Mrs Craig <a href="mailto:r.craig@braunston.pdet.org.uk">r.craig@braunston.pdet.org.uk</a>
Miss Tant <a href="mailto:v.tant@braunston.pdet.org.uk">v.tant@braunston.pdet.org.uk</a>

Contact NSPCC: 0800 800 5000 help@nspcc.org.uk

How to Report Child Abuse Without Any
Worries | NSPCC

Contact MASH 0300 126 7000

If you believe a child is in immediate danger phone 101 or 999.



# **Pastoral Support:**

If you have any concerns about Mental Health or Wellbeing, please contact Mrs Craig on 01788 890494 Or Email:

r.craig@braunston.pdet.org.uk

# **Family Support:**

Please do get in touch with us if you are experiencing financial difficulties in these uncertain times and require support. We have a large stock of pre-loved uniform available – please contact

<u>r.craig@braunston.pdet.org.uk</u> or visit our Facebook page. Pre-loved uniform is available to buy from the school entrance.

In addition, if you are having problems with your food bills, please do get in touch with us, either through the school office or to Mrs Willis directly. Any requests for uniform or food will be treated in the strictest confidence.

Alternatively, local food banks are: Daventry Food Bank: 18A Benbow Close Daventry

NN11 4JP

Opening Times:

Mon, Wed, Fri 10.30am - 12.30pm

Braunston Food Share and Care:

Available in the church any time the church is open (apart from when it is being used for services).

This is run as a community larder for people to donate and take items as they need.



FLOURISHING TOGETHER



Working in partnership with Scope, Northamptonshire Carers are hosting an online Sleep Right Workshop aimed at parents and carers. You will have the opportunity to talk with and ask questions of the presenter from Scope around sleep techniques for your child and their sleeping patterns.

## THURSDAY 15<sup>TH</sup> JUNE 2023 7PM – 8PM

To find out more please call 01933 677907 and choose option 1, or email admin@northamptonshire-carers.org

To book a place on the virtual workshop please email <a href="mailto:lucya@northamptonshire-carers.org">lucya@northamptonshire-carers.org</a>

# **Adult Classes in Functional English**

Develop your confidence, skills and knowledge in all areas of English. Work towards a recognised City & Guilds qualification at the level appropriate to your learning.

Daventry Library – Monday's 1-3pm Daventry Children's Centre – Tuesday's 10am-12pm

# Courses start week commencing 18th September 2023

To be eligible for the course you need to:

- Be over the age of 19
- Have lived in the UK (EU) for at least 3 years
- Have not achieved a C grade in GCSE or equivalent or above in the subject of study

For more information or to book your place contact AdultLearningEssentialSkills@northants.gov.uk

## **Daventry Community Choir is back!**

MONDAY 19TH JUNE - 6.30PM - 8.00PM - DSLV SCHOOL HALL

Free of charge – new and current members welcome. Email <u>daventrychoir@hotmail.com</u> <u>https://www.facebook.com/daventrycommunitychoir</u>





#### HANDLING ANGER IN THE FAMILY

'Our popular 'Handling Anger in the Family' course is back! This course is extremely popular and we advise you to book your place ASAP to avoid disappointment.'

This 4-session course focuses on how you and your child can understand and manage anger in a safe and healthy way. It is run by Hope for Families, a registered charity working to support parents and carers living in Northamptonshire and the surrounding area. Each session is 2 hours long and is run online. The course aims to help you build strong family relationships and increase your confidence as a parent/carer. The course talks about how you and your child can manage anger safely and healthily.

The 4 sessions run on the following dates and times and in order to get the most out of the course it is advised you attend every session:

Tuesday's 20<sup>th</sup> and 27<sup>th</sup> June, 4<sup>th</sup> and 11<sup>th</sup> July 10.00am – 12.00pm

The cost is £12.50 per household, which includes the accompanying parent handbook (RRP£9.99) and additional resources.

'We do not want anyone to be excluded from our courses due to cost and bursary places are available with a 50% discount. Please enter the promo code bursaryscheme23 when you select your ticket. You may be eligible for a bursary place if you are in receipt of:

- Universal Credit
- Income Support
- Income-based Job Seekers Allowance
- Child Tax Credit
- National Asylum Seekers Support
- Guarantee Element of State Pension Credit
- Employment and Support Allowance income related only'

You can book your place here:

Handling Anger in the Family Registration, Tue 20 Jun 2023 at 10:00 | Eventbrite



### \*PLEASE NOTE TIMES HAVE NOW CHANGED\*

Thursday's – 2.30 – 4pm
Daventry Children's Centre
Staverton Road
Daventry
NN11 4EY
01604 362265



# Pastoral Newsletter June 2023





## **DAVENTRY MOTORCYCLE FESTIVAL**

On Saturday 13<sup>th</sup> June the town hosts the 10<sup>th</sup> Daventry Motorcycle Festival

- Live music
- Street entertainment
  - Stunt show
  - Food and drink
  - Inflatable fun
- Street dance performers

...and much more!





Mind in Daventry is part of the Northamptonshire Mind network, providing essential mental health support and services to Daventry and surrounding areas. They offer a range of services and support, including counselling, training and employment support as well as activities and social events that promote mental wellbeing and community involvement.

They also run a parenting group for parents that may be struggling with their mental health to connect with others in a similar situation, creating a safe space where parents feel comfortable to have those difficult conversations. Little ones are welcome to join too.

> For a full list of current courses and wellbeing activities, visit: Mind in Daventry | NorthamptonshireMind





We recently shared information from a company called FiveDinners about their online meal planning service. They have contacted us again and asked us to promote their offer of FREE lifetime membership to their service. Details below:

## Limited time offer – get FREE lifetime membership to FiveDinners.com!

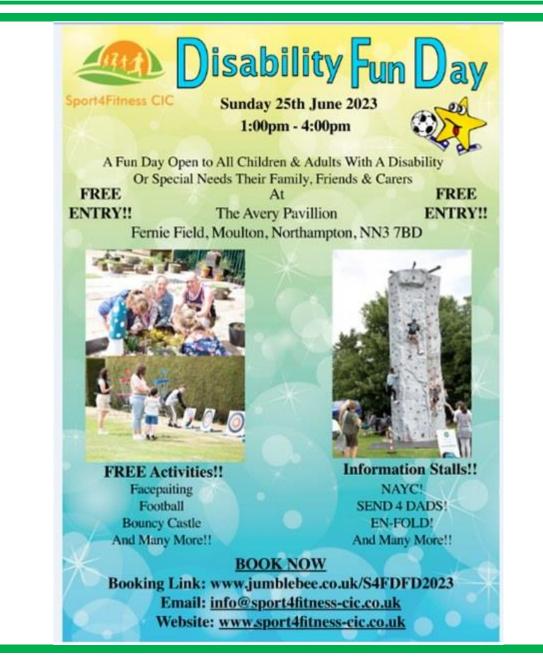
We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service - have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels. To help with the cost of living crisis so many families and individuals are facing Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know exactly what you need for the week ahead. It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <a href="https://FiveDinners.com">https://FiveDinners.com</a> and click green Join button now.



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