

Pastoral Newsletter April 2023

Safeguarding:

What to do if you are worried about the safety of a child:

Contact the school office on 01788 890494 and ask to speak with one of our designated Safeguarding leads:

Mrs Willis head@braunston.pdet.org.uk

Mrs Sawyer n.sawyer@braunston.pdet.org.uk

Mrs Craig r.craig@braunston.pdet.org.uk

Miss Tant v.tant@braunston.pdet.org.uk

Contact NSPCC:

0800 800 5000

help@nspcc.org.uk

[How to Report Child Abuse Without Any Worries | NSPCC](#)

Contact MASH 0300 126 7000

If you believe a child is in immediate danger phone 101 or 999.



Pastoral Support:

If you have any concerns about Mental Health or Wellbeing, please contact Mrs Craig on 01788 890494

Or Email:

r.craig@braunston.pdet.org.uk

Family Support:

Please do get in touch with us if you are experiencing financial difficulties in these uncertain times and require support. We have a large stock of pre-loved uniform available – please contact

r.craig@braunston.pdet.org.uk or visit our Facebook page. Pre-loved uniform is available to buy from the school entrance.

In addition, if you are having problems with your food bills, please do get in touch with us, either through the school office or to Mrs Willis directly. Any requests for uniform or food will be treated in the strictest confidence.

Alternatively, local food banks are:

Daventry Food Bank:

18A Benbow Close

Daventry

NN11 4JP

Opening Times:

Mon, Wed, Fri 10.30am – 12.30pm

Braunston Food Share and Care:

Available in the church any time the church is open (apart from when it is being used for services).

This is run as a community larder for people to donate and take items as they need.

Pastoral Newsletter April 2023



SENDS 4 Dad is a community-run support group for dads and male carers who have a child with special educational needs and/or disabilities. The child doesn't need to have a formal diagnosis and the child can be of any age (including adults).

SENDS 4 The Heroes Convention – 29.04.23 11am – 4pm

- Comic themed arts and Crafts
- Board Games, Dungeons & Dragons, Warcraft, Pokemon
- Artists and Publishers
- Cosplayers welcome

Free entry – tickets must be booked prior to attending via : [SEND 4 THE HEROES \(jumblebee.co.uk\)](https://www.send4dad.org.uk/jumblebee.co.uk)

The Obelisk Centre, 400 Obelisk Rise, Northampton, NN2 8UE

For more information, please visit the website <https://www.send4dad.org.uk/>

Facebook page [SENDS 4](https://www.facebook.com/sends4dad)

[Dad- Main page - Home | Facebook](#)

or email sends4dad@gmail.co.uk

BUDGET MEALS FOR FAMILIES – FREE COURSE

Learn new ideas on how to create filling meals on a very tight budget, join in with hands on cooking in your own home while we teach you the recipes and give you tips on how to budget.



Start Date: Thursday 20th April 2023

Start Time: 13.00pm

Day: Thursday afternoon

Sessions: 6 sessions over six weeks

Session duration: 1 and a half hours

Location: Virtual classroom

Cost: FREE

To book on the sessions, please visit:

[Northamptonshire Adult Learning UZY4TA02 Budget Meals For Families \(northantsglobal.net\)](https://www.northantsglobal.net/uzy4ta02)

NORTHAMPTONSHIRE ADULT LEARNING – 123 MAGIC FOR FAMILIES

To help parents and carers manage difficult behaviour. This course is suitable for all levels.



Start Date: Wednesday 19th April 2023

Start Time: 10.00am

Day: Wednesday morning

Sessions: 6 sessions over six weeks

Session duration: 2 hours

Location: Virtual classroom

Cost: FREE

For more information please visit:

[Northamptonshire Adult Learning UZY3TA01 123Magic for Families \(northantsglobal.net\)](https://www.northantsglobal.net/uzy3ta01)

Pastoral Newsletter April 2023

Emotion Coaching Workshops for Parents

Emotion Coaching is an approach to support parents to help their children when they feel distressed. It works for the little things and the big things. It is a naturalistic parenting approach which has been observed in research to have a beneficial impact on children's emotional and physical health, their capacity for empathy and their social relationships.

We offer the programme in two different styles:

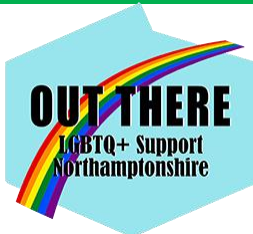
A virtual group programme over 6 weeks in the evening

A one-day group programme face to face

Both are then followed with 3 x 1:1 coaching sessions.

For more information about these programmes please email slarke@youthworksnorthamptonshire.org.uk call 01536 518339, or visit

[Emotion Coaching « Youth Works Northamptonshire](#)



Northamptonshire LGBTQ+ Services for Young People and their Parents and Carers

Every Thursday in Daventry from 6.30pm to 8.00pm

13- to 18-year-olds

The MIND Building, Old Gas Works Car Park, Daventry, NN11 9YB

For more information:

Mobile: 07507 716106

Email: lgbtqsupport@thelowdownnorthampton.co.uk

[LGBTQ+ Support](#) | [The Lowdown](#) | [Supporting Young People](#)



We have been sent the following information from FiveDinners.com regarding a new meal planning app they are offering to families for free:

“We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service - have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels. To help with the cost of living crisis so many families and individuals are facing, Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know exactly what you need for the week ahead. It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <https://FiveDinners.com> and click green Join button now.”

Pastoral Newsletter April 2023

RAMBLERS WELLBEING WALKS – WEST NORTHAMPTONSHIRE

“Join Ramblers Wellbeing Walks – West Northants for short, local and accessible walks to help get you more active. No need to plan your route, our experienced volunteers will lead the walks. Fitness doesn’t matter – our walks start at 30 minutes and are a steady pace to suit everyone.”

There are walks available throughout April – visit the following link for dates and times:

[Daventry Wellbeing Walk - Daventry Leisure Centre \(ramblers.org.uk\)](https://ramblers.org.uk)

For more information, please visit:

[Ramblers Wellbeing Walks West Northamptonshire](https://ramblers.org.uk)



FREE!

DAVENTRY YOUTH HUB

AGE 11+

EVERY FRIDAY
(Term Time Only)

4.30PM - 6.00PM

**STARTS
FRIDAY 24TH
MARCH!**

SOUTHBROOK COMMUNITY CENTRE, HOOD ROAD, DAVENTRY NN11 4JS

Arts & Crafts + Sports & Games + Tuck Shop + AND MUCH MORE!

PRE-REGISTER HERE
OR

JUST COME ALONG!

FOR MORE INFORMATION:
SARAH@CYPN.ORG

Pastoral Newsletter April 2023

SHARE TO CARE

Do you have clothes you no longer need? The Share to Care project is run by post 16 students at Daventry Hill School in collaboration with Daventry Police station. Students wash, iron and sort donated clothing which is then available to anyone in the local community.

To support this initiative, donate clothing or request a clothing donation, please contact by email SharetoCare@daventryhillschool.org.uk or telephone 01327 703135

Daventry Hill School, Ashby Road, Daventry, NN11 0QE



SEND Support Group

Do you have a
child or young
person with
additional needs?

Do you want to
know more about
ASD and ADHD,
strategies or ideas
from supportive
and knowledgeable
staff?

Please come along to
our drop-in Support
Group.

Parents, carers, and
children welcome!

Thursday's 1pm - 2:30pm

Daventry Children's Centre
Staverton Road
Daventry
NN11 4EY
01604 362265

