



# Pastoral Newsletter

## February 2023

### Safeguarding:

What to do if you are worried about the safety of a child:

Contact the school office on 01788 890494 and ask to speak with one of our designated Safeguarding leads:  
Mrs Willis [head@braunston.pdet.org.uk](mailto:head@braunston.pdet.org.uk)  
Mrs Sawyer [n.sawyer@braunston.pdet.org.uk](mailto:n.sawyer@braunston.pdet.org.uk)  
Mrs Craig [r.craig@braunston.pdet.org.uk](mailto:r.craig@braunston.pdet.org.uk)

Contact NSPCC:  
0800 800 5000  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)  
[How to Report Child Abuse Without Any Worries | NSPCC](#)

Contact MASH 0300 126 7000

If you believe a child is in immediate danger phone 101 or 999.



### Pastoral Support:

If you have any concerns about Mental Health or Wellbeing, please contact Mrs Craig on 01788 890494  
Or Email:  
[r.craig@braunston.pdet.org.uk](mailto:r.craig@braunston.pdet.org.uk)

### Family Support:

Please do get in touch with us if you are experiencing financial difficulties in these uncertain times and require support. We have a large stock of pre-loved uniform available – please contact [r.craig@braunston.pdet.org.uk](mailto:r.craig@braunston.pdet.org.uk) or visit our Facebook page. Pre-loved uniform is available to buy from the school entrance.

In addition, if you are having problems with your food bills, please do get in touch with us, either through the school office or to Mrs Willis directly. Any requests for uniform or food will be treated in the strictest confidence.

Alternatively, local food banks are:

Daventry Food Bank:

18A Benbow Close

Daventry

NN11 4JP

Opening Times:

Mon, Wed, Fri 10.30am – 12.30pm

Braunston Food Share and Care:

Available in the church any time the church is open (apart from when it is being used for services).

This is run as a community larder for people to donate and take items as they need.



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Providing support for grieving children and their families/carers.  
Children's Group: Daventry – Paint & Pizza Express Yo'Self – 25.03.23  
Parent/Carer Support Group – Daventry – 16.03.23 @ 1.30pm

To find out more or book a place, email - [hello@tnap.co.uk](mailto:hello@tnap.co.uk).

For more information, please visit - <https://www.tnap.co.uk/>

### SHAPE – Self-Harm Awareness Prevention Enterprise

Self-harm prevention workshop for parents and carers in Daventry.

The Daventry SHAPE project, delivered by Service Six, is offered to parents/carers of a child or young person who is self-harming or engaging in other risk-taking behaviours. They offer support to enable you to better communicate and support your child with overwhelming emotions and help them to keep themselves safe.

The workshop is via ZOOM on 13<sup>th</sup> February 2023 6pm – 7pm

To find out more or to join the workshop, contact Gemma Muscutt – Youth Specialist – 07813 366228 or email [gemma.muscutt@servicesix.co.uk](mailto:gemma.muscutt@servicesix.co.uk)

For more information, visit - [Service Six- SHAPE](#)



### CHILDREN'S MENTAL HEALTH WEEK FEBRUARY 6<sup>TH</sup> – 10<sup>TH</sup>

During Children's Mental Health Week, the Lightbulb Mental Wellness Programme team will be offering a wide range of activities to parents/carers. The online webinars cover a number of topics around mental health and the theme of 'Let's Connect.'

For a full timetable of events and to register, please visit <https://lightbulbcmhw.eventbrite.com/>  
For more information, email [LightBulb@stah.org](mailto:LightBulb@stah.org)



### EVERYDAY ENGLISH

Meet with people from different cultures who speak different languages. Practice your English and learn to speak each other's language over a cup of tea or coffee and take part in creative wellbeing activities.

There is no need to book – just go online at <https://zoom.us/> every Wednesday at 12.30pm to 1.30pm and 7pm to 8pm.

Once logged in, use 844 0055 7310 – password – 405981

For more information, please visit <https://everydayenglish.org.uk/>

Children's Centre Frid



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**COME AND JOIN US  
FOR OUR FIRST  
COFFEE MORNING  
ON TUESDAY 21<sup>ST</sup>  
FEBRUARY @ 9.00AM  
EVERYONE  
WELCOME!**



The Pastoral team at Braunston Primary School would like to invite our Parents / Carers to come and have a cup of tea and coffee with us on the first Tuesday of each term. It's a chance to meet others and have a chat. You will also have the opportunity to raise any concerns that you might have in relation to your child's Mental Health and Wellbeing, get information on how we can support you and your child, as well as information and signposting to additional support services.

Please do come along and join us. It would be lovely to spend time with you.

For more information, please contact Becky Craig

[r.craig@braunston.pdet.org.uk](mailto:r.craig@braunston.pdet.org.uk)